

Welcome to

Cambridge International School, Cambridge, UK



Address: Cherry Hinton Hall

Cherry Hinton Road

Cambridge

CB1 8DW

Tel: 01223 416938

Website: <http://www.abelards.com/>

Directors: Drs. Daniel and Harriet Sturdy,
sturdy@sturdy.demon.co.uk/dan@cb1.com

Registrar: Mrs. Mary Greer, greer.mary@googlemail.com
Bursar : Mrs. Angela Spaxman, angieclm2001@yahoo.co.uk
School Secretary: Mrs. Sue Rigby, suerigby1@tesco.net

CIPA (Cambridge International Parents' Association) contacts:

Chair: Stephanie Clements

Email: stephanieclements@hotmail.co.uk

New Parents Liaison Officer: Marion Reusch

Email: marion.reusch@gmail.com

Tel: 07806630663

Treasurer: Maria Weglowski

Email: weglowski.family@gmail.com

Secretary: Lorna Anderson

Email: info@lornaanderson.co.uk

CIPA organises events like the Summer & Christmas fair to raise money for the school. Monies raised through events are being used to fully or partly fund playground equipment, day outs, parties for pupils etc. We hold regular meetings where everyone is invited to come along. Please check CIPA notice board for the next meeting date!

Useful information not just when you are new to Cambridge:

Emergency Services (Ambulance & Fire Services): Dial 999

NHS Direct (Medical Helpline): 0845 4647

Parenting support groups:

<http://www.parentlineplus.org.uk/>

<http://www.netmums.com>

Hospital, GP's and dentists:

Addenbrooke's Hospital Cambridge

<http://www.addenbrookes.org.uk/>

Address: Cambridge University Hospitals NHS Foundation Trust, Hills Road, Cambridge, Cambridgeshire CB2 0QQ UK

Tel. 01223 245 151

A & E (Accident and Emergencies) tel.: 01223 217 118

GPs (General Practitioners) and Dentists

To search for NHS GPs, dentists and other services in your area, please go to website as follows.

<http://www.nhs.uk/Pages/homepage.aspx>

Please phone GP or dentist to book appointment and confirm if taking new patients.

Cambridge City Council website:

<http://www.cambridge.gov.uk/ccm/portal/>

Everything you want to know about Cambridge Council taxes, Community living, Recycling, Transport, Housing etc.

Police:

Cambridge Police Station (Cambridgeshire Constabulary)

Parkside
Cambridge
CB1 1JG
44 (0) 1223 358966

<http://www.cambs.police.uk/>

Cambridge Public Services:

<http://www.cam.ac.uk/local/public.html>

Universities & Colleges:

University of Cambridge

Address: Cambridge, The Old Schools, Trinity Lane, Cambridge CB2 1TN

Website: <http://www.cam.ac.uk/>

Anglia Ruskin University

Cambridge Campus

East Road, Cambridge, CB1 1PT

Tel. 0845 271 3333

<http://www.anglia.ac.uk/ruskin/en/home.html>

Cambridge Regional College

Cambridge Regional College, Kings Hedges Road, Cambridge CB4 2QT

Tel. 01223 532240

<http://www.camre.ac.uk/>

Parks, walks & day outs in Cambridgeshire & surroundings:

Parks:

<http://www.cambridge.gov.uk/ccm/content/parks-and-recreation/parks.en>

University of Cambridge Botanic Garden:

1 Brookside, Cambridge, CB2 1JE. **Tel:** +44 (0)1223 336265

<http://www.botanic.cam.ac.uk/>

Woodland/places to visit:

- **Cambridge Preservation Society/Wandlebury:**

Cambridge Preservation Society,
Wandlebury Ring, Gog Magog Hills, Babraham, Cambridge CB22 3AE
Phone: 01223-243830

<http://www.cpswandlebury.org.uk/page2.html>

- **National Trust** (walks & day outs) – absolutely recommended and really worth it!

<http://www.nationaltrust.org.uk/main/>

(If you become a member, most of the trust sites are free of charge to enter or for a small charge!). A very popular site is Wimpole Hall, <http://www.wimpole.org/> which is **part of the National Trust** and not far from Cambridge!

- **English Heritage:** <http://www.english-heritage.org.uk/>
- **Local Nature Reserve:** <http://www.lnr.cambridge.gov.uk/>

Museums, Cambridge outdoors, sightseeing:

<http://www.colc.co.uk/about/museums.html>

Sports Facilities:

Chesterton Sports Centre:

Gilbert Road
Cambridge
CB4 3NY

Tel: **01223 576 110**

<http://www.chestertonsportscentre.org.uk/>

Kelsey Kerridge:

Queen Anne Terrace
Cambridge
CB1 1NA
Tel: (01223) 462226

<http://www.kelseykerridge.co.uk/>

Leys School:

Trumpington Street,

Cambridge

<http://www.theleys.cambs.sch.uk/extracurricular/sportscomplex/>

Please contact us on 01223 508664 or email leisure@theleys.net

Parkside Pools:

Gonville Place
Cambridge CB1 1LY


Tel 01223 446100


Email parksidegm@slm-ltd.co.uk

<http://www.cambridge.gov.uk/ccm/content/parks-and-recreation/pools/parkside-pools.en.jsessionid=B8FAC9CB27CED1DB40E9DBC405BCA046>

Gyms:

 [The Atrium Club](http://www.atriumclub.com/) 01223 522522
64 Newmarket Road, Cambridge, CB5 8DZ

 [▶ http://www.atriumclub.com/](http://www.atriumclub.com/)
[Greens Health & Fitness](http://www.greensonline.co.uk/) 01223 245200
213 Cromwell Road, Cambridge, CB1 3BA

 [▶ http://www.greensonline.co.uk/](http://www.greensonline.co.uk/)
[The Glass Works](http://www.theglassworksgym.co.uk/) 01223 305060
Thompson's Lane Cambridge, CB5 8AQ

▶ <http://www.theglassworksgym.co.uk/>

JJB's , near Asda, Coldhams Lane, Cambridge, <http://www.jjbfitness.co.uk/>

David Lloyd's fitness club (family orientated club),

Coldham's Business Park
off Coldham's Lane
Cambridge
CB1 3LH

T: 01223 401200

<http://www.ngclubs.com/>

Theatres, Cinemas and event venues:

Vue Cinema

The Grafton Centre,
East Road,
Cambridge
CB1 1PS

Tel: 08712 240 240

<http://www.myvue.com/>

Cineworld

ADVANCE BOOKING BY PHONE

0871 200 2000

ADDRESS :

Cambridge Leisure Park, Clifton Way, Cambridge, ,
CB1 7DY

<http://www.cineworld.co.uk/Home.jgi?accueil=+>

Arts Picturehouse

8-39 St Andrew's Street

Cambridge CB2 3AR

Tel: 0871 704 2050

Email: cambridge@picturehouses.co.uk

http://www.picturehouses.co.uk/cinema_home_date.aspx?venueId=camb

Cambridge Arts Theatre

Cambridge Arts Theatre Box Office, 6 St Edward's Passage, Cambridge, CB2 3PJ
Telephone: Monday – Saturday, 12noon – 8pm on 01223 503333

<http://www.cambridgeartstheatre.com/>

ADC Theatre

<http://www.adctheatre.com/>

Corn Exchange

<http://www.cornex.co.uk/ccm/portal/>

The Junction

<http://www.junction.co.uk/>

Indoor playgrounds/Birthday Party venues:

FFH, (Funky Fun House), 8 Mercers Row, **Cambridge**, CB5 8HY, tel. 01223 304705, <http://www.funkyfunhouse.com/>

Cheeky Monkeys Playbarn, Chaplins Farms, Babraham Road, **Fulbourn**, CB21 5HR, Telephone: 01223 881658, <http://www.cheekymonkeysltd.co.uk/>

Whale of a time, Bar Hill, <http://www.woat.co.uk/>

SpyMasters, Unit 7 Viking Way, Bar Hill, Cambridge, CB23 8EL (On some sat nav try CB3 8EL), Tel: 01954 789 134, Email: mail@spymasters.co.uk, <http://www.spymasters.co.uk/>

Swimming pool parties:

Chesterton Sports Centre <http://www.chestertonsportscentre.org.uk/>

Parkside Pools - see details above

What's on/Eating out/Shopping/Facebook :

Visit Cambridge <http://www.visitcambridge.org/>

Local Secrets: <http://www.localsecrets.com/>

Explorer Magazine: <http://www.explorermagazine.co.uk/>

Kids Direct: <http://www.kidsdirect.org.uk/>

CIS message board – Please subscribe to cis message board, if you wish to receive regular emails to inform you about upcoming family events in Cambridgeshire or for any other messages (all postings welcome!). Please email marion.reusch@gmail.com to subscribe.

Facebook – Cambridge International School is on Facebook now. If you wish to join the social network of parents, staff & alumni, please email marion.reusch@gmail.com

Parents recommendations for eating out with children:

Wok 'n Grill , 18 High Street , Trumpington CB2 2LP – Chinese food

La Strada, 17 Trinity Street, Cambridge, Cambridge, CB2 1TB – Italian food

Yippee's Noodle Bar, 7-9 King Street CB1 1LH – Chinese & Japanese food

Teri-Aki, Quayside, Cambridge CB5 8AB – Japanese food

Lucky Star (in Cineworld complex) – Chinese food

Pizza Hut (Retail Park, Cambridge) – American Pizza & Pasta place

Zizzi, 47/53 Regent Street, Cambridge CB2 1AB- Tel: 01223 365599 – fresh pizza, pasta & salads

Eat & Pret a Manger (Petty Cury, town centre) – really nice sandwiches, salad and delicious soups

Grafton Centre's Bella Pasta & Food court (if not into Burger places better to avoid!)

Please let me know of any other good places to eat out with children.

Cambridge Libraries:

List of all libraries in Cambridge

http://www.cambridgeonline.co.uk/local/Government/Public_Services/Libraries/

Shopping:

Department Stores:

John Lewis , St. Andrew's Street, Cambridge, <http://www.johnlewis.com/>

Debenhams, Grafton Centre, Cambridge, <http://www.debenhams.com/>

Malls:

Grafton Centre (Vue cinema site), <http://www.graftoncentre.co.uk/>

Grand Arcade (John Lewis site), <http://www.grandarcade.co.uk/>

Supermarkets:

Asda, Coldhams Lane, Cambridge, <http://www.asda.com.uk>

Sainsbury's, Beehive Centre & Sidney Street, Cambridge
<http://www.sainsburys.co.uk/home.htm>

Tesco's, Newmarket Rd (Cambridge, Fulbourn, Bar Hill <http://www.tesco.com/>)

Waitrose, Trumpington, Cambridge, CB2 9FT, <http://www.waitrose.com/index.aspx>

Marks & Spencers, Market Square, Cambridge, <http://www.marksandspencer.com/>

Organic box schemes (organic produce delivered to your door):

Abel & Cole

<http://www.abelandcole.co.uk/Home.aspx>

River Nene Organic Vegetables

<http://www.rivernene.co.uk/>

The Cambridge Organic Food company:

<http://www.cofco.co.uk/site/>

Really useful websites to search for places etc.:

Yellow Pages:

<http://www.yell.com>

Council and Local Community Websites:

<http://www.cam.ac.uk/local/council.html>

Cambridge Online:

<http://www.colc.co.uk/>

Official Cambridge Tourist Website:

<http://www.visitcambridge.org/>

Maps Cambridge:

<http://www.cambridge.gov.uk/ccm/navigation/transport-and-streets/maps/>

Job websites:

Cambridge Network - <http://www.cambridgenetwork.co.uk/>

Cambridge Gumtree - <http://cambridge.gumtree.com/>

Cambridge University jobs site - <http://www.admin.cam.ac.uk/offices/hr/jobs/>

Addenbrooke's Hospital job site - http://jobs.addenbrookes.org.uk/select_sector

If you need any more help, let me know about other good websites or spot an error in one of the links, please do not hesitate to contact me on marion.reusch@gmail.com.

Updated 10/09/2009